



## MonaLisa Touch®

### Indications / Contraindications Side Effects / Warnings & Safety

The MonaLisa Touch® treatment, utilizing the SmartXide Touch laser, is a non-surgical procedure designed to address various gynecological conditions.

Below is detailed safety information regarding its use:

#### Indications

The SmartXide Touch Laser (MonaLisa Touch Therapy) is indicated for incision, excision, ablation, vaporization, and coagulation of body soft tissues in medical specialties including:

- Aesthetic (dermatology and plastic surgery)
- Gynecology
- Genitourinary surgery

Use with the scanning unit is indicated for ablative skin resurfacing.

#### Contraindications

Therapy using the SmartXide Touch laser is contraindicated for patients who:

- Have vaginal, cervical, or other lesions in the treatment area that have not been evaluated and diagnosed.
- Have active vaginal or vulvar infections (e.g., herpes, candida, STDs).
- Have a history of radiation to vaginal/colo-rectal tissue.
- Have a history of reconstructive pelvic surgery with "mesh kits."
- Are undergoing anticoagulation treatment or have thromboembolic conditions.

A qualified practitioner is responsible for evaluating each patient's suitability for laser treatment and for informing them about any risks involved, pre-and postoperative care, and other relevant information.

#### Side Effects

Possible side effects may include:

- Spotting or mild vaginal bleeding.
- Pink or brown vaginal discharge.
- Mild to profuse watery vaginal discharge.
- Redness, swelling, or inflammation.
- Tenderness, itching, or irritation.
- Burning sensation upon urination.
- Pinpoint bleeding and discomfort.

These side effects are generally mild and temporary. Patients should consult their healthcare provider if they experience any severe or persistent symptoms.

It's crucial for patients to discuss their medical history and any existing conditions with their healthcare provider to determine if MonaLisa Touch® treatment is appropriate for them.

#### Warnings and Cautions

- **Eye Safety:** The SmartXide Touch Laser can cause eye injury. Protective eyewear must be worn during the procedure.
- **Equipment Handling:** Use of controls, adjustments, or performance of procedures other than those specified may result in hazardous radiation exposure.
- **Sterilization:** The probe, vaginal ring, and handpiece may become contaminated with blood, fluids, or human tissue and must be cleaned and disinfected/sterilized after every treatment.
- **Smoke Evacuation:** Laser plume or smoke produced by the laser beam may contain live tissue. Use of a smoke evacuator is advised if plume is present.
- **Energy Settings:** Exceeding the recommended maximum settings increases the risk of collateral thermal injury and prolongs wound healing time.

These precautions are essential to ensure patient safety and the effectiveness of the treatment.

Source:  
Cynosure UK